

JSR Celebrates Its 10th Year!

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In March 1992, the International Sport Rehabilitation Conference was held in Orlando to launch a new journal—the *Journal of Sport Rehabilitation*. Sport rehabilitation experts from around the world attended this conference to exchange ideas about the science and art of sport rehabilitation. Athletic trainers, athletic therapists, sports physical therapists, and sports physiotherapists participated in the conference, which launched the first interdisciplinary journal of its kind. The interdisciplinary nature of *JSR* has remained an important function of the journal to this day.

Now entering its 10th volume, the *Journal of Sport Rehabilitation* has been your source for the latest research in the field of sport rehabilitation. All members of the sports medicine team have benefited from the wealth of important information in each issue. During this decade, *JSR* has been completely devoted to the rehabilitation of sport and exercise injuries, regardless of the age, gender, sport ability, level of fitness, or health status of the participants. To accomplish this, *JSR* has published original research articles, case reports, and research reviews.

The idea for *JSR* came over 10 years ago. The journal was conceived by Rainer Martens, the founder and president of Human Kinetics, who recruited David Perrin at the University of Virginia to be the founding editor. They felt that there was a need for a journal that focused on issues related to sport rehabilitation. The *Journal of Athletic Training* and the *Journal of Orthopaedic and Sports Physical Therapy* were strong and valuable resources for athletic trainers and sports physical therapists at that time, but they were more general in scope. The *Journal of Sport Rehabilitation*, they thought, would provide an opportunity for focused research, case reports, and research reviews on sport rehabilitation.

This new journal was not designed to compete with the association journals, but rather to complement them. The addition of another scholarly outlet for people in the field would promote diversity in thinking. This diversification in philosophy is very common in other fields and has been very healthy for ours. Providing an additional outlet for publishing important work in the area has been very valuable for all but particularly helpful in the development of young scholars and practitioners.

Dave Perrin developed this journal from the ground up. He was involved

in everything from the name of the journal (with a strong influence from Rainer regarding the use of the singular form of “sport”) to the selection of the editorial board to the cover design. He involved numerous young scholars on the editorial board and in reviewing manuscripts (yours truly, included). He was also able to provide an environment for young scholars and practitioners to publish their work. His Herculean effort formed the foundation for our decade of success.

One thing (among many) that he did that I think had a great influence on our profession was the introduction of special issues. In fact, the special issue on proprioception remains one of the best-selling journal volumes at Human Kinetics. We have seen Dave continue this trend as editor of the *Journal of Athletic Training*, and other journals have followed suit.

After Dave’s tenure as editor came the Scott Lephart years. Scott worked very hard to enhance the international presence of the journal and to connect basic science to clinical practice. Scott, who incidentally was the guest editor for the proprioception issue, attracted some very talented authors to publish in *JSR*. Their continued involvement is a direct result of Scott’s great work as a recruiter. As a result, scientists in related fields have come to value our profession and contribute their work to our cause.

JSR has undergone change over the years but has remained true to its original intentions. The ongoing participation of sport rehabilitation professionals around the world continues to make *JSR* the international, interdisciplinary journal that it is.

Throughout this 10th volume, I will share some historical information about *JSR*. I invite you to share in this celebration of 10 years of the *Journal of Sport Rehabilitation*!

Christopher D. Ingersoll
Editor