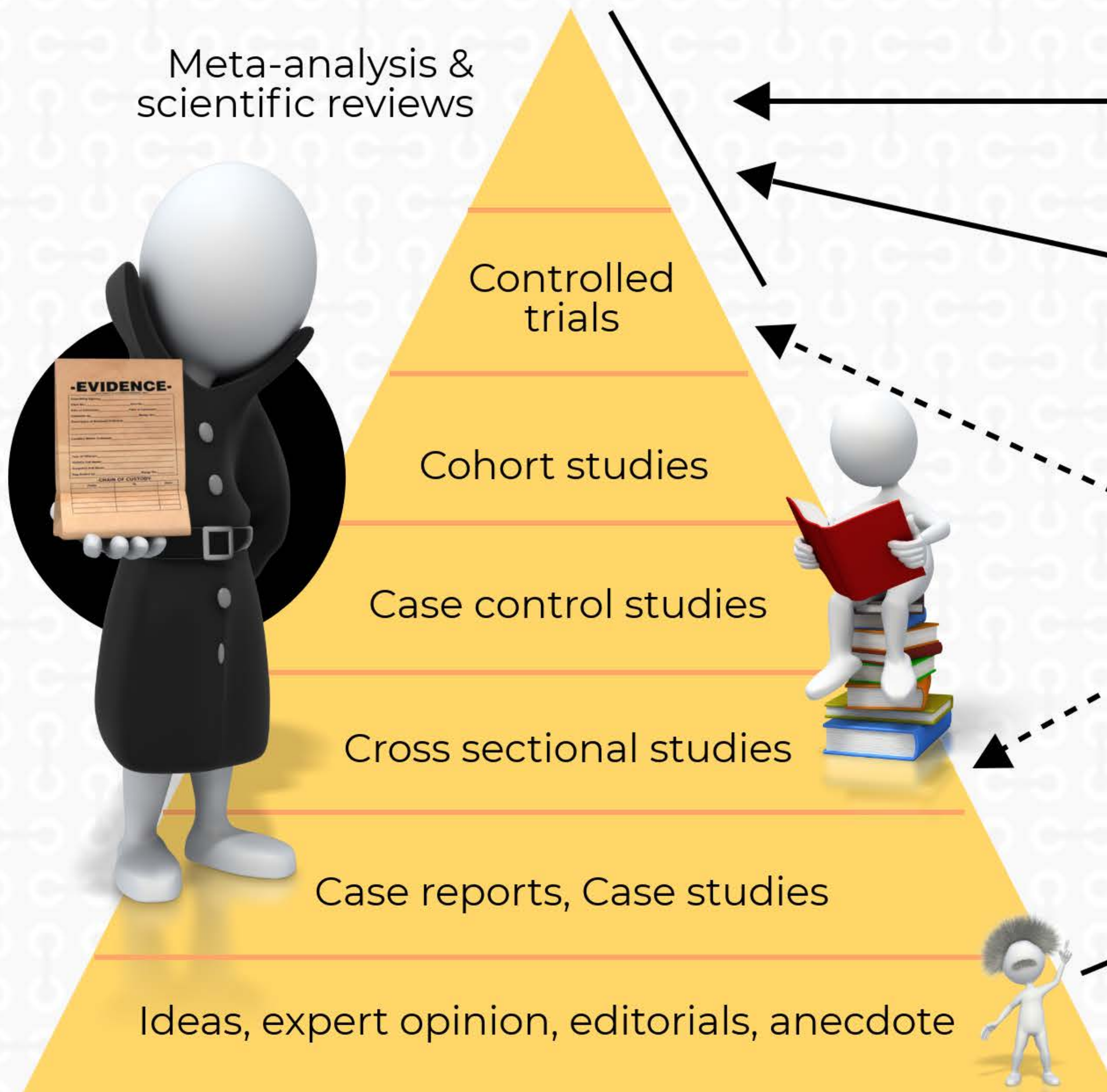


Understanding the Hierarchy of Scientific Evidence

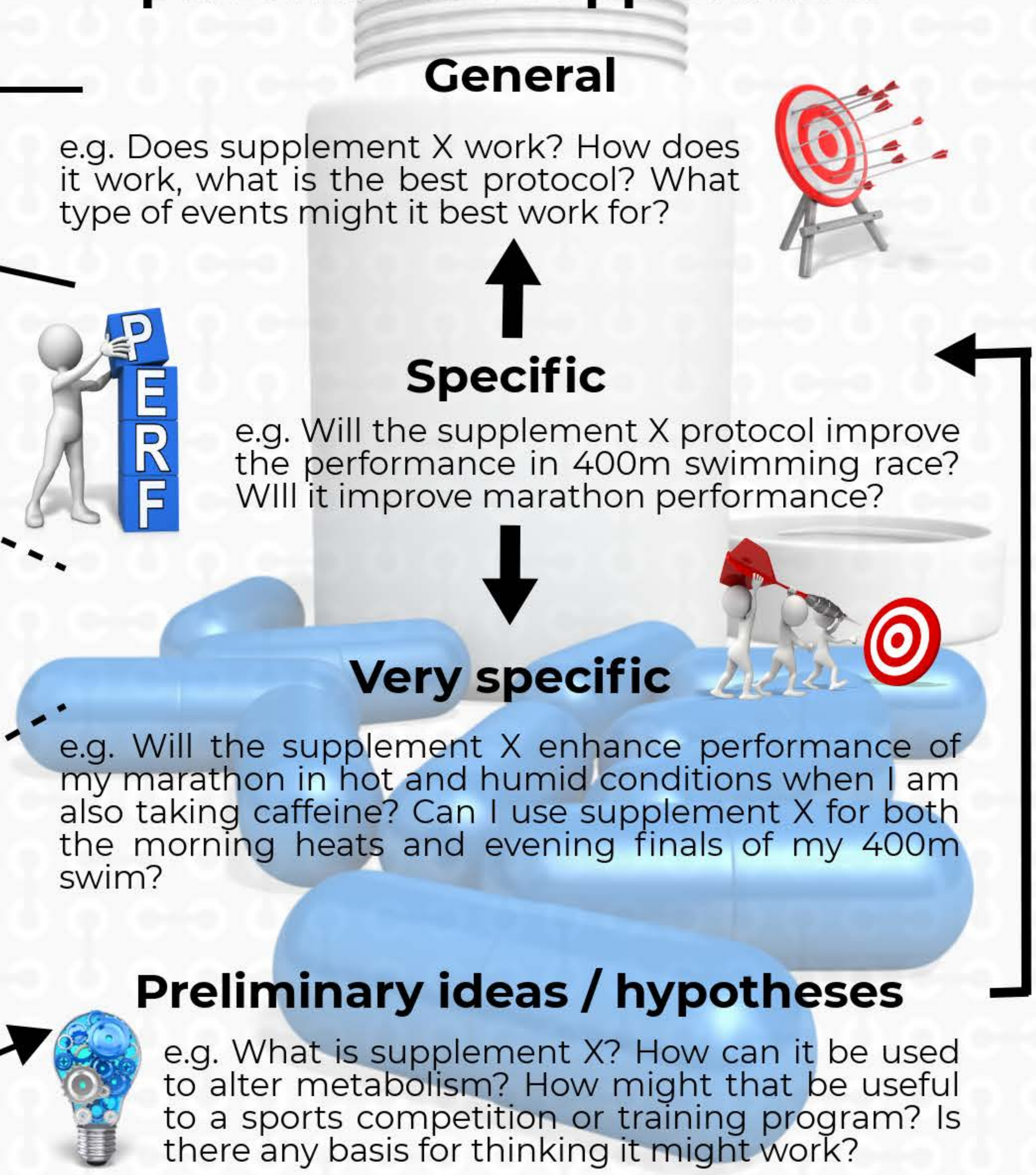
An example on sports supplements

Reference: by Burke and Peeling IJSNEM 2018

Hierarchy of scientific evidence



Evidence matrix for performance supplements



Designed by @YLMSportScience