**Reviewer Comment**

**Author Response**

**Modification (include page and line number)**

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Rev 1 – The authors fail to state a testable hypothesis in the Introduction.

We regret this omission as a hypothesis is an important part of the scientific method.

We modified the last paragraph of the Introduction (page 4, lines 15-20) to state: “We hypothesize that people who exercise more will have lower blood sugar. Further, we propose that this relation will be modulated by lower amounts of body fat.”

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