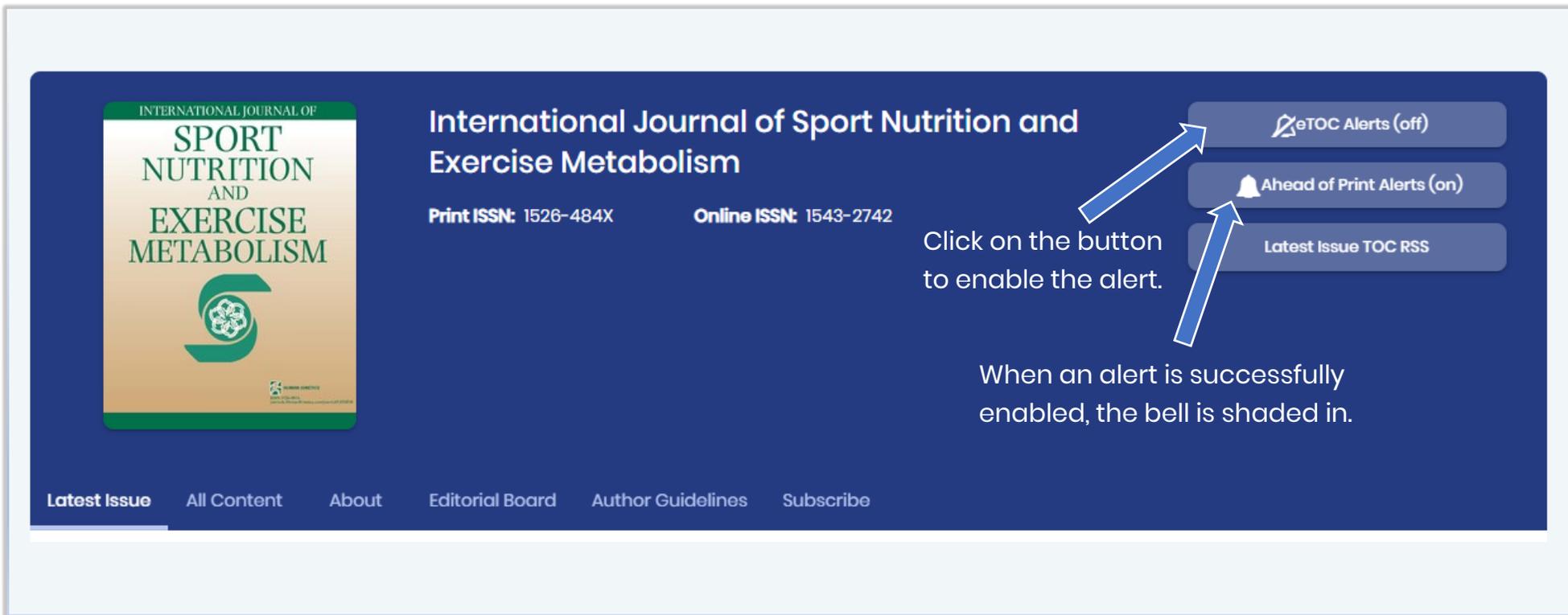


Making the Most of the Human Kinetics Journals Site

Sign Up for Alerts

Make sure you are up-to-date on the newest content for your subscribed journals or journals of interest. You have the option to sign up for electronic table of content (eTOC) alerts, sent each time a new issue is published online, or Ahead of Print alerts, sent when new articles are published ahead of full issue publication.

Visit the journal's overview page (shown below) to sign up for the eTOC and Ahead of Print alerts. Visit any article page to sign up for Citation Alerts for that article. You can view your alerts at any time by logging in, navigating to My Stuff, and then to My Alerts.



The screenshot shows the journal's overview page for the *International Journal of Sport Nutrition and Exercise Metabolism*. On the left is the journal cover. The main content area displays the journal title, Print ISSN (1526-484X), and Online ISSN (1543-2742). On the right, there are three alert buttons: "eTOC Alerts (off)", "Ahead of Print Alerts (on)", and "Latest Issue TOC RSS". Two blue arrows point to the "eTOC Alerts" and "Ahead of Print Alerts" buttons. A text box next to the arrows says "Click on the button to enable the alert." Another text box below says "When an alert is successfully enabled, the bell is shaded in." At the bottom, a navigation bar includes links for "Latest Issue", "All Content", "About", "Editorial Board", "Author Guidelines", and "Subscribe".

Annotate Full Text

Articles that are presented in full text format (in addition to PDF) can be annotated and those annotations can be reviewed at any later date.

To annotate an article, navigate to the full text tab (where available) and highlight the text of interest. Then, click on the Annotate button to add your notes. Annotations can be edited, deleted, and viewed at any time by logging in, clicking on My Stuff, and then clicking on My Annotations.

The screenshot displays the 'Full Text' tab of an article. The text discusses the human gut microbiota and the relative ratio of Firmicutes to Bacteroidetes (F/B). A blue highlight is placed over the sentence: "relative ratio between Firmicutes to Bacteroidetes (F/B) has been used as a measure of gut microbiota health". A black 'Annotate' button with a red arrow is positioned below the highlighted text. A blue arrow points from the 'Annotate' button to the 'My Annotations(1)' tab in the navigation bar. Below the navigation bar, the 'My Annotations(1)' section is active, showing a table with one annotation.

Id	Chunk Title	Document URI	Quote Text	Annotation	Date	Actions
2	Gut Microbiota Composition Is Related to Cardiorespiratory Fitness in Healthy Young Adults	/journals/ijsnem/29/3/article-p249.xml	relative ratio between Firmicutes to Bacteroidetes (F/B) has been used as a measure of gut micro...	Measuring gut health.	30 Jun 2019	

Article Tagging, Citing, Sharing, and Navigation

Each article features a toolbar that allows you to save content to refer back to later, cite content, or share content with colleagues or on social media.

The image shows a screenshot of the 'Journal of Sport Management' article toolbar. The toolbar is a vertical sidebar on the left side of the article page. It contains several icons and a list of navigation options. The icons include a save icon, a citation icon, an email icon, social media icons for Facebook, Twitter, and LinkedIn, and navigation arrows. The list of navigation options includes 'Ahead of Print', 'Article Sections', 'Figures', 'References', 'Article Metrics', 'Altmetric Badge', 'PubMed', and 'Google Scholar'. Blue arrows point from text callouts to these specific icons and options.

Save the article using a tag to classify your content of interest and come back to review it later (via My Stuff, My Saved Content)

Preview and export the article's citation

Share a link to an article with a colleague via e-mail

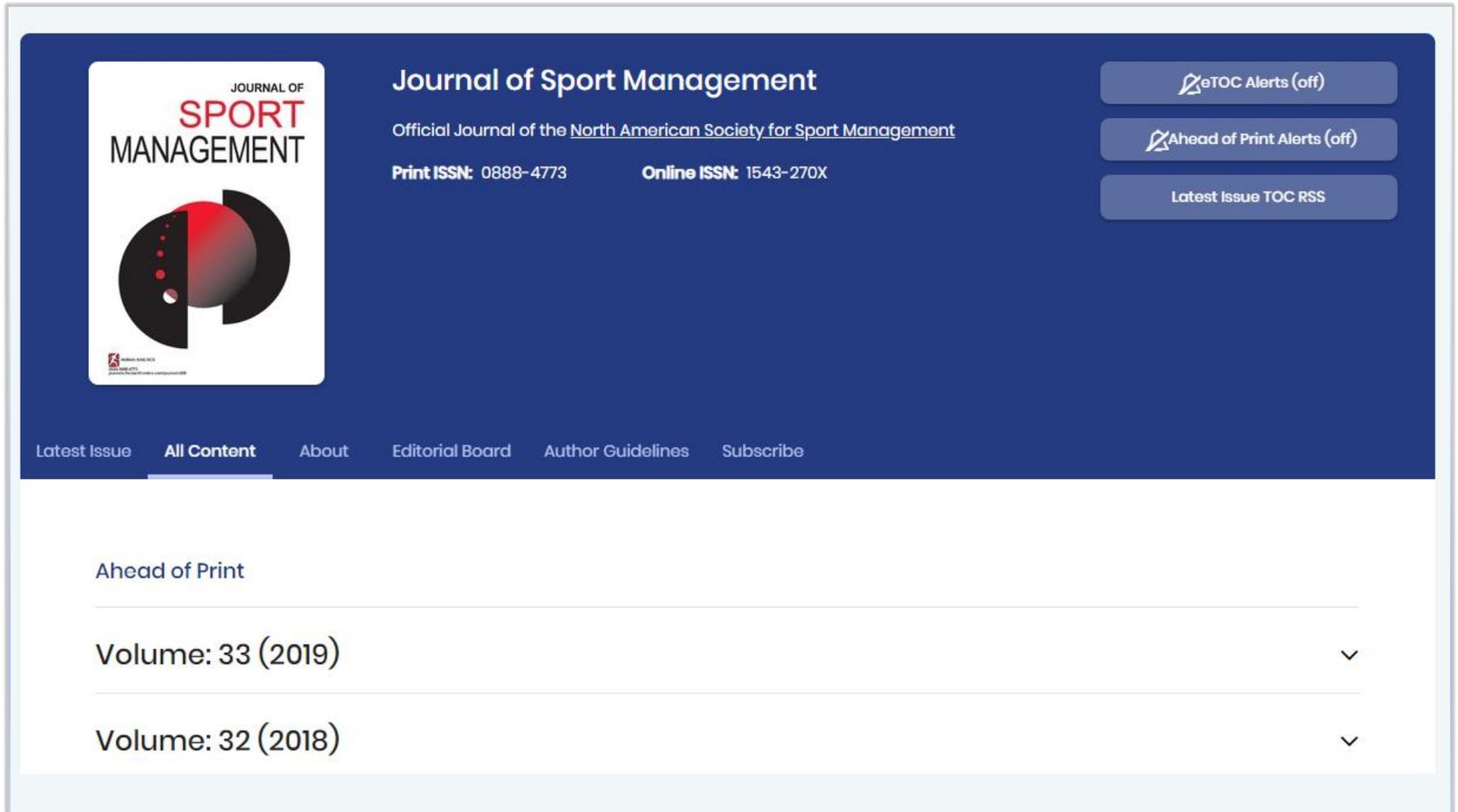
Use social media to share a link to an article

When full text is accessible to you, you can easily navigate to a specific section, view a figure, or review the reference list.

Article metrics record abstract views, PDF views, and full text views

View All Content and Learn About A Journal

Each journal overview page offers easy access to the latest issue and all content, including the journal's entire archive and Ahead of Print content (where available). Each journal's mission and Journal Impact Factor (where applicable) can be found on the About tab. Get to know the journal's leadership team (Editorial Board tab) and discover how you can submit to the journal (Author Guidelines tab).



The screenshot displays the website for the Journal of Sport Management. On the left is the journal's cover, which features the title "JOURNAL OF SPORT MANAGEMENT" and a graphic of a sphere with a red-to-black gradient. To the right of the cover, the journal's title "Journal of Sport Management" is prominently displayed, followed by its subtitle "Official Journal of the North American Society for Sport Management". Below this, the print and online ISSN numbers are listed: "Print ISSN: 0888-4773" and "Online ISSN: 1543-270X". On the far right, there are three buttons: "eTOC Alerts (off)", "Ahead of Print Alerts (off)", and "Latest Issue TOC RSS". A navigation bar at the bottom of the dark blue header contains links for "Latest Issue", "All Content", "About", "Editorial Board", "Author Guidelines", and "Subscribe". Below the navigation bar, the "Ahead of Print" section is visible, showing a list of volumes: "Volume: 33 (2019)" and "Volume: 32 (2018)", each with a downward arrow indicating a dropdown menu.



Easily Determine Your Access

Colored “lock” icons help you see at a glance what content is available to you.

Open green locks indicate that the content is available to you, either because you have a subscription or your institution does.



Acute Exercise and Emotion Recognition in Young Adolescents

By: Serge Brand, Markus Gerber, Flora Colledge, Edith Holsboer-Trachsler, Uwe Pühse and Sebastian Ludyga

Pages: 129–136

Open yellow locks indicate that the content is Open Access, and thus accessible to you.



Cardiometabolic Effects of a Workplace Cycling Intervention

By: James E. Peterman, Kalee L. Morris, Rodger Kram and William C. Byrnes

Pages: 547–555

Closed red locks indicate that content is not available to you because a subscription is needed.



Low Back Pain in Adolescent Athletes: Diagnosis, Rehabilitation, and Prevention

By: Michael C. Geraci Jr., Walter Brown and James R. Velasquez

Pages: 6–16

