The Sport Psychologist

Call for Papers

Competing and Working in Performance Sport:
A Special Issue on Mental Well-Being

Manuscripts for the special issue can be submitted from September 1, 2023. The call for this special issue will close once a sufficient number of manuscripts have been accepted.

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Increasingly, those working in competitive sport (e.g., athletes, coaches, support staff) have reported how their ability to function and perform in both their personal and professional lives is either facilitated or debilitated by the experience of mental well-being or ill-being, respectively. Indeed, performance-oriented sporting contexts are widely thought to increase the psychological challenges an individual experiences. These challenges, which are associated with internal and external pressures, transitional phases, and personal, competitive, and organizational demands, have the potential to compromise an individual’s mental well-being, which could result in suboptimal performance and, if not addressed appropriately, the onset of mental illness.

The spotlight that has been placed on mental well-being and ill-being in sport presents the field of sport psychology with several challenges and opportunities. For example, first, debate is...
ongoing regarding how to accurately conceptualize and measure both mental well- and ill-being. Second, relationships between demands, stress transactions, emotions, coping, performance, and mental well- and ill-being require rigorous investigation. Third, the role of the applied sport psychology practitioner in supporting clients to improve mental well-being and/or address issues associated with mental ill-being needs to be clarified from competency, ethical, and moral perspectives. Finally, understanding of the applied strategies that can help improve and sustain an individual’s mental well-being across the varied contexts of performance sport needs to be developed.

The aim of this special issue is to address a number of these challenges and opportunities by building the evidence base to support ethical and effective practice with regard to the mental well-being of those competing and working in performance sport. Thus, we invite contributions that attend to this aim. In line with the scope of The Sport Psychologist, an essential purpose of any submitted manuscript should be to stimulate thought and disseminate knowledge that focuses on the application and practice of sport psychology.

We are interested in receiving submissions that report primarily empirical studies drawing on a range of theoretical and methodological perspectives. However, we are open-minded and thus willing to consider the broadest range of scholarship including, but not limited to, debates, position statements, systematic reviews, and applied case studies. To discuss the suitability of proposed work, potential contributors should contact the Guest Editors with inquiries related to the content and scope of the special issue. All other inquiries should be directed to Professor Sheldon Hanton, shanton@cardiffmet.ac.uk, Editor of The Sport Psychologist.

**Manuscript Guidelines**

Before writing and submitting a manuscript, please read the Authorship Guidelines at https://journals.humankinetics.com/view/journals/tsp/tsp-overview.xml?tab_body=author-guidelines. Manuscripts for this special issue must be submitted through Manuscript Central at https://mc.manuscriptcentral.com/hk_tsp. Please select “Special Issue: Mental Well-Being” as the submission type.