

Supplementary Material S2: Gray Literature List

Doctoral Dissertations

DiBernardo, R. (2018). *Implementation and impact of the Mindfulness Meditation Training for Sport (MMTS) 2.0 protocol with a division III women's college basketball team and coaching staff*. [Doctoral dissertation, Boston University]

Longshore, K. M. (2015). *Helping coaches help themselves: The impact of the mindfulness training for coaches (MTC) program on coaching, stress, and emotion management*. [Doctoral dissertation, Temple University]

Human, M. (2015). *An interpretive phenomenological analysis of cricket coaches' experience of a Mindfulness-Acceptance-Commitment (MAC) approach to coaching* [Doctoral dissertation, University of Pretoria]

Pawsey, F. (2019). *Sport coaches, mindfulness, and daily life: The role of mindfulness in promoting wellbeing*. [Doctoral dissertation, University of Canterbury]

Review

Cormier, D. L., Kowalski, K. C., Ferguson, L. J., Mosewich, A. D., McHugh, T. L. F., & Röthlin, P. (2023). Self-compassion in sport: a scoping review. *International Review of Sport and Exercise Psychology*, 1-40.

Conference Presentations

Cormier, D. L., Kowalski, K. C., Ferguson, L. J., Mosewich, A. D., McHugh, T. L. F., & Röthlin, P. (2022). "No stone left unturned": Collegiate-level coaches' perspectives on self-compassion in sport. *Journal of Exercise, Movement, and Sport (SCAPPS refereed abstracts repository)*, 53(1).

Hoyer, D., Glass, C. R., Spears, C. A., & Kaufman, K. A. (2016, April). *Mindful Sport Performance Enhancement for Division III collegiate coaches: A pilot study*. [Poster presentation]. Philadelphia, PA. Northeast Atlantic Sport Psychology Conference.

Kenttä, G. & Hägglund, K. (2021). Self-compassion - a key strategy to support mental health, well-being and sustainability among high-performance coaches. *Proceedings from the 15th World Congress of the International Society of Sport Psychology*. Taipei, Taiwan: International Society of Sport Psychology.

Röthlin, P., Mosewich, A., Ferguson, L., McHugh, T. L., Horvath, S., Kenttä, G., & Kowalski, K. (2022). Self-Compassion in Competitive Sport: The «Why», «How», «When» and «For Whom». In *16th European Congress of Sport & Exercise Psychology, 11-16 July 2022, Padova, Italy*. European Federation of Sport Psychology.

Commentaries

Hopkins, M. M. (2011). The value of emotional intelligence for high performance coaching: A commentary. *International Journal of Sports Science & Coaching*, 6(3), 333-335.

Books

Gardner, F. L., & Moore, Z. E. (2007). *The psychology of enhancing human performance: The mindfulness-acceptance-commitment (MAC) approach*. Springer Publishing Company.

Kaufman, K. A., Glass, C. R., & Pineau, T. R. (2018). *Mindful sport performance enhancement: Mental training for athletes and coaches*. American Psychological Association.

Book Chapters

Arnold, J. (2019). Mindful learning and coaching in alpine skiing. In T. Barret, V. Harris & G. Nixon (Eds.). *Mindful heroes. Stories of journeys that changed lives.* (pp. 175-188).
Inspired by learning.

Baltzell, A. L. (2016). Mindfulness and performance. In Ivztan, I & Lomas, T. (Eds.)
Mindfulness in positive psychology (pp. 74-89). Routledge.

Baltzell, A., & Summers, J. (2016). The future of mindfulness and performance across
disciplines. In A. Baltzell (Ed.), *Mindfulness and performance* (Current Perspectives
in Social and Behavioural Sciences, pp. 515-541). Cambridge University Press.

Jackson, S. (2016) Flow and Mindfulness in Performance. In A. Baltzell (Ed.), *Mindfulness
and performance* (Current Perspectives in Social and Behavioural Sciences, pp. 78-
100). Cambridge University Press.

Longshore, K., & McAlarnen, M. M. (2021). Mindfulness-and Acceptance-Based Approaches
to the Treatment of Athletes and Coaches. In *The Routledge Handbook of Clinical
Sport Psychology* (pp. 223-242). Routledge.

Mannion, J., & Andersen, M. (2016). Interpersonal mindfulness for athletic coaches and other
performance professionals. In A. Baltzell (Ed.), *Mindfulness and performance*
(Current Perspectives in Social and Behavioural Sciences, pp. 439-463). Cambridge
University Press.

Book Reviews

Jensen, J.C. (2021). [Review of the book *Mindful sport performance enhancement: mental
training for athletes and coaches*, by K.A. Kaufman, & C.R. Glass, & T.R. Pineau]
Journal of Sport Psychology in Action, 12(3), 211-212.

Grant, D.A. (2019). [Review of the book *Mindful sport performance enhancement: mental
training for athletes and coaches*, by K.A. Kaufman, & C.R. Glass, & T.R. Pineau]
The Sport Psychologist, 33(4), 344.

Manikam, R. (2021). [Review of the book *Mindful sport performance enhancement: mental training for athletes and coaches*, by K.A. Kaufman, & C.R. Glass, & T.R. Pineau] *Mindfulness*, 12, 258-260.

Not peer-reviewed articles

Gino, F., & Huizinga, J. (2020). *Steve Kerr: Coaching the Golden state warriors to joy, compassion, competition, and mindfulness*. Harvard Business School Case, 921-001.