Survey questions (those in bold had space for a free text response).

1. Please outline below your role as lead for the Dementia Friendly Community detailing if you are associated with a particular organisation. E.g. a role funded by the local authority/the Alzheimer's Society or a voluntary position.

2. How long have you been in this role?

3. How many hours on average per week do you spend in your role as the lead?

4. If you are willing, please provide the name of your community or location below.

5. Before the pandemic did you do any of the following? Please select all that apply.
   a. The DFC delivered physical activity for people living with dementia,
   b. The DFC delivered physical activity for the family supporters of people living with dementia
   c. The DFC worked with other organisations to deliver physical activity for people living with dementia
   d. The DFC worked with other organisations to deliver physical activity for the family supporters of people living with dementia
   e. None of the above

6. Please select the types of physical activities offered in your community. Please select all that apply from each column. You can select multiple options.

7. If you selected other, please tell us about the type of activity and whether it is specific to people living with dementia or open to all.

8. Please name the physical activities that have had the most uptake from people living with dementia and why you think these are popular. E.g. activity is funded/favoured activity leader/activity attached to an organisation/the space in which the activity is held.

   Thinking about these popular physical activities, what were the main triggers for setting them up? Please select all that apply from each column. You can select multiple options.

10. If you selected other, please provide more detail below.

11. Please name the key organisations involved in the set up and resourcing of these popular physical activities. E.g. NHS/ local authority/named private companies (Oomph, British Gymnastics)/social enterprises.

12. Please name the key activity leaders/organisations involved in delivering these physical activities. E.g. local authority initiatives/volunteers/named physical activity leader/named charity.

13. Do you know how many people living with dementia and family supporters participate in the physical activities delivered in the community? You can select multiple options.

14. Please tell us how you collect this information.

15. If this information is publicly available, please tell us where we can access it. E.g. link to local authority website or policy document.

16. Do you have funding for running physical activities for people living with dementia and their family supporters?

17. Please tell us the sources of funding and where to find this information if publicly available.

18. Please comment below with any additional information about funding.
19. Do you charge people living with dementia and their family supporters to take part in the physical activities delivered in your community?

20. Can you tell us why this is?

21. Do you have access to facilities to do these physical activities? E.g. venue/administrative support.

22. Please tell us about the facilities you have access to. E.g. free or subsidised use of use of a venue/ administrative support

23. Do you have access to the following human resources to do physical activities for people living with dementia and their family supporters? Please select all that apply.

24. Please comment below with any additional information about human resources.

25. What strategies do you use to publicise the physical activities offered in the community? Please select all that apply from each column. You can select multiple options

26. If you selected other, please provide more detail below.

27. Please select all the ways in which you have tried to engage people living with dementia and their family supporters in the planning/shaping of physical activities. Please select all that apply from each column. You can select multiple options.

28. If you selected other, please provide further detail below.

29. Do you target any of the following underrepresented communities in the provision of physical activities for people living with dementia and their family supporters? Please select all that apply.

30. If you selected other, please provide further detail below.

31. Can you tell us whether or not these strategies have been successful and why you think this is?

32. How do you evaluate the impact of different physical activities? Please select all that apply from each column. You can select multiple options

33. If you selected other, please provide further detail below.

34. Please select who you share monitoring and evaluation information with for the physical activities offered in your community. Please select all that apply from each column. You can select multiple options.

35. If you selected other, please provide further detail below.

36. Can you tell us how you share this information and where to find it if publicly available? E.g. website link to a written report

37. Can you tell us about any physical activities offered that did not work and why? E.g. no one to run them, not enough money, or not liked by people living with dementia.

38. Did you continue to offer the activity?

39. What physical activities, if any, have you been able to keep running during the pandemic?

40. Please tell us how you have tried to adapt these physical activities to continue provision during the pandemic.

41. Have you learned anything from adapting your activities during the pandemic that you will continue to do in the future? If so, please tell us about this below.

42. Has Covid meant that any of the physical activities offered before the pandemic are unlikely to start again?

43. Can you tell us which ones will not go ahead and why?
44. What Covid specific barriers have you faced in the provision of physical activities during the pandemic? E.g. access to and/or support with technology/impact of funding changes/transport.

45. Do you have any additional comments about areas we haven’t covered in the survey? Please tell us below.

Branch (if selected “none of the above” to Q5)

1. Can you tell us why not?

2. Before the pandemic did you promote and direct people living with dementia to physical activity services in the community? E.g. led by other members/organisations.

3. Can you tell us why this is?

4. Please select the types of physical activities offered within your DFC in the last 12 months. Please tick all that apply.

5. If you selected other, please tell us about the type of activity and whether it is specific to people living with dementia or open to all.

6. Please name the key activity leaders/organisations involved in delivering these physical activities. E.g. local authority/volunteers/named physical activity leader/named charity.

7. Please select the strategies used to publicise the physical activities on offer for people living with dementia within the DFC. Please tick all that apply.

8. If you selected other, please provide further detail below.

9. Have you worked with, or have plans to work with, other organisations to deliver physical activities in person or online for people living with dementia and their family supporters during the pandemic?

10. Can you tell us why not?

11. Can you tell us about the types of activities and name the key organisations/activity leaders involved in delivering these?

12. What Covid specific barriers have you faced when planning physical activities during the pandemic? E.g. access to funding/covid safe space to hold the activity. If not applicable please leave blank.

13. What Covid specific barriers have you faced when delivering physical activities during the pandemic? E.g. access to and/or support with technology/transport/staff. If not applicable please leave blank.

14. Do you plan on continuing to work with the organisation/s to deliver any of the physical activities once the pandemic is over?

15. Can you tell us why this is?

16. Have you continued to promote/signpost people to physical activity services during the pandemic?

17. If you selected no, can you tell us why?

18. Do you have any additional comments about areas we haven’t covered in the survey? Please tell us below.