

Supplementary Material S1. Measures of child movement behaviours before COVID-19 and during COVID-19

	Questions	Response options
Pre-COVID-19 screen time questions	1. On a typical weekday and weekend day, how many minutes does your child spend awake in a room:	
	With the television on	Minutes: ____
	With videos or a DVD on	Minutes: ____
	Using the computer/laptop	Minutes: ____
	Playing video games (e.g., <i>Playstation, Xbox, Nintendo Wii</i>)	Minutes: ____
	Using handheld devices (e.g., Mobile phones, iPads, Tablets, Nintendo DS, videogame, Leapster, e-reader)	Minutes: ____
Pre-COVID-19 screen time calculation	Sum of 1a through 1e	
During-COVID-19 screen time questions	2. On a typical day, over the past two weeks, how much time did your child spend:	
	Watching TV or digital media (e.g., Netflix)?	Hours: ____ Minutes: ____
	Using social media (e.g., Instagram, Snapchat, Twitter, Youtube, TikTok)?	Hours: ____ Minutes: ____
	Playing video games?	Hours: ____ Minutes: ____
	Video-chatting (e.g., Skype, FaceTime, Zoom)?	Hours: ____ Minutes: ____
	E-learning or online school work (e.g., direct instruction via Zoom or Google Meet)?	Hours: ____ Minutes: ____
During COVID-19 screen time calculation	sum of 2a. through 2e.	
Pre-COVID-19 physical activity time questions	3. On a typical day, how long is your child physically active?	Minutes: ____
During-COVID-19 physical activity time questions	4. On a typical day, over the past two weeks, how much time did your child spend:	
	Doing light physical activity (e.g., walking active floor-based play, tummy time)?	Hours: ____ Minutes: ____
	Doing moderate physical activity?	Hours: ____ Minutes: ____
	Doing vigorous physical activity?	Hours: ____

		Minutes: ____
During-COVID-19 physical activity time calculation	sum of 4a. through 4c.	
Pre-COVID-19 outdoor time question	5. On a typical day, how much time does your child spend outside?	<1h, 1h, 2h, 3h, 4h, 5h, 6h, >7h
During-COVID-19 outdoor time question	6. On a typical day, over the past two weeks, how much time did your child spend outdoors?	Hours: ____ Minutes: ____
Pre-COVID-19 sleep duration question	7. How many hours does your child usually spend sleeping in a 24-hour period?	Hours: ____
During-COVID-19 sleep duration questions	8. On a typical day, over the past two weeks:	
	What time does your child usually fall asleep for the night?	____:____ AM/PM
	What time does your child usually wake up for the day?	____:____ AM/PM
During-COVID-19 sleep duration calculation	8b. - 8a.	