Supplementary Material S1. Online Survey

Advocating the Global Action Plan on Physical Activity

Welcome to the survey being conducted by the International Society for Physical Activity and Health (ISPAH) Early Career Network. We are seeking those who work in a role that has an influence, either direct or indirect, on physical activity (e.g. health, transport, sport, education, clinical, city planning) to partake in this study.

This two-page survey contains 12 questions and will take 5 - 10 minutes to complete. A detailed information sheet is available by clicking here.

You will be asked to provide insight into the challenges of advocating the policy actions outlined in the Global Action Plan on Physical Activity 2018-2030 (GAPPA). The World Health Organization (WHO) defines advocacy for health as “a combination of individual and social actions designed to gain political commitment, policy support, social acceptance and systems support for a particular health goal or program”.

1. Please select "I give my consent" if you have read and understand the "Information Sheet" and give consent for the collection of your information. By selecting this, you confirm your role has an influence, either direct or indirect, on physical activity.

   ○ I give my consent
   ○ I do not give my consent

2. How many years have you been working in a physical activity related field?

   ○ 0-3 years
   ○ 4-7 years
   ○ 8-10 years
   ○ 11-15 years
   ○ 16-20 years
   ○ 20-30 years
   ○ More than 30 years
3. What sector do you identify that you work in (primarily)?

○ Health

○ Transport

○ Clinical

○ Education

○ City Planning

○ Sport

○ Other ________________________________________________

4. What is your primary job role?

○ Academia/Research

○ Practice

○ Policy

○ Other ________________________________________________

5. In which country do you primarily work?

▼ Afghanistan ... Zimbabwe
6. How aware are you of the vision and content of the Global Action Plan on Physical Activity from the World Health Organization?

- Not at all aware
- Slightly aware
- Moderately aware
- Very aware
- Extremely aware
- Don't know

7. How engaged are you with advocating the Global Action Plan on Physical Activity from the World Health Organization?

- Not at all engaged
- Slightly engaged
- Moderately engaged
- Very engaged
- Extremely engaged
- Don't know
The WHO defines advocacy for health as “a combination of individual and social actions designed to gain political commitment, policy support, social acceptance and systems support for a particular health goal or program”.

8. From your perspective, how engaged is your country with advocacy of the policy actions outlined in the GAPPA.

- Not at all engaged
- Slightly engaged
- Moderately engaged
- Very engaged
- Extremely engaged
- Don’t know

9. In your opinion, which departments/agencies/organizations are best placed to lead the advocacy of the GAPPA in your country or region? (Example: government department, national agency, national or international organization)

- Department/agency/organization

- Department/agency/organization

- Department/agency/organization

Final Page

Now you will be asked to provide responses regarding advocacy of the GAPPA policy actions from your perspective. This will include providing insight into the challenges for and supports needed to advocate the GAPPA policy actions in your region.
We are eager to hear all your thoughts and comments so all general responses are welcome.

10. To what extent do you agree with the following statements about the GAPP A policy actions...

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Neutral</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>I know why the GAPP A is important</td>
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<tr>
<td>I know how to advocate the GAPP A</td>
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<td>I have time to advocate the GAPP A</td>
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<td>I have the necessary materials to advocate the GAPP A</td>
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<td>I have people around me who advocate the GAPP A</td>
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<td>I have support from others to advocate the GAPP A</td>
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<tr>
<td>I feel that I want to advocate the GAPP A</td>
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<tr>
<td>I feel that I need to advocate the GAPP A</td>
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<tr>
<td>I feel that it would be a good thing to advocate the GAPP A</td>
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</table>
11. What challenges do you have / do you envisage for advocating the GAPPA policy actions in your region?

○ 1 ______________________________________________________

○ 2 ______________________________________________________

○ 3 ______________________________________________________

12. What support do you need to upskill and increase capacity for advocating the GAPPA policy actions (e.g., from the World Health Organization or International Society for Physical Activity and Health)?

○ 1 ______________________________________________________

○ 2 ______________________________________________________

○ 3 ______________________________________________________

13. Do you have any examples of advocacy work that has worked well in your country or region? This could include political advocacy, media advocacy, professional mobilization, community mobilization or advocacy from within organizations.

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