**Supplementary Figure S1** CONSORT Flow Diagram

**Enrolment**
- Assessed for eligibility:
  - Initially invited: 13 schools (school as a cluster)
  - Excluded (2 schools) for non-response

- Randomized (8 clusters/schools) (n=320 participants)

**Allocation**
- Allocated to *intervention* (n= 4 clusters/schools) (n=160 participants)
- Allocated to *control* (n= 4 clusters/schools) (n=160 participants)

**Follow-Up**
- Lost to follow-up (no cluster) (no participant)
- Lost to follow-up (no cluster) (no participant)

**Analysis**
- Intervention schools included in the analysis: 4 schools/clusters (n=160 participants)
- Control schools included in the analysis: 4 schools/clusters (n=160 participants)