### Supplementary Table S1. Parent-reported questions used to solicit information on their child’s movement behaviours.

<table>
<thead>
<tr>
<th>Health Behaviour</th>
<th>Questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Activity</td>
<td>“On a typical weekday, how many minutes did you child spend physically active (any intensity)?”</td>
</tr>
<tr>
<td></td>
<td>“On a typical weekend day, how many minutes did you child spend physically active (any intensity)?”</td>
</tr>
<tr>
<td></td>
<td>“On a typical weekday, how many minutes did you child spend in physically active that made him/her breath harder or sweat (high intensity energetic play)”?</td>
</tr>
<tr>
<td></td>
<td>“On a typical weekend day, how many minutes did you child spend in physically active that made him/her breath harder or sweat (high intensity energetic play)?”</td>
</tr>
<tr>
<td>Sedentary Behaviours (Screen Time)</td>
<td>“On a typical weekday, how many minutes did you child spend: watching TV, watching videos or DVDs, playing on the computer, playing video games, playing with handheld devices?”</td>
</tr>
<tr>
<td></td>
<td>“On a typical weekend day, how many minutes did you child spend: watching TV, watching videos or DVDs, playing on the computer, playing video games, playing with handheld devices?”</td>
</tr>
<tr>
<td>Sleep</td>
<td>“How many hours does your child spend sleeping in a 24-hour period?”</td>
</tr>
</tbody>
</table>

*Note. These questions were selected from a standardized questionnaire used in TARGet Kids! research activities.*

1As reference, parents were provided with examples of “energetic play” to assist with answering this item on the questionnaire. Examples included: running, playing tag, skipping, swimming, dancing.